



## William Gilpin Church of England VA Primary School Physical Education Policy

### **Aims**

At William Gilpin Church of England VA Primary School our aims reflect those outlined in the National Curriculum for Physical Education as outlined below;

### ***Purpose of study***

*A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.*

### **Aims**

*The national curriculum for Physical Education aims to ensure that all pupils:*

- develop competence to excel in a broad range of physical activities*
- are physically active for sustained periods of time*
- engage in competitive sports and activities*
- lead healthy, active lives*

### **National Curriculum, 2014**

Most children at William Gilpin Primary School already live an active, outdoor lifestyle, so we aim to provide opportunities to develop a broad range of skills including agility, balance and co-ordination. We aim to support children to build their confidence physically and to succeed and excel in competitive sports and other physically demanding activities.

### **Teaching and Learning**

At William Gilpin CE VA Primary School we expect teaching and learning in P.E to be good or outstanding. All children in KS1 and KS2 will receive two P.E sessions each week; one will focus on the scheme 'Real P.E' to systematically develop skills and the other on the teaching of discrete sports, which will change every half term to include football, gymnastics, dance, rugby, tennis, hockey, athletics, cricket, rounders, and handball.

In addition, children take part in weekly Cluster Sports events where they have the opportunity to participate in a range of different sports. It is our aim that all children take part in at least one of these events during the school year. Additionally we compete in five New Forest sports events during the course of the year which includes Cross Country.

All children at our school wear sports kits on P.E days in order to promote sport as a lifelong active choice and to maximize lesson time and reduce any anxieties around changing.

We will provide swimming lessons as stated in the 2014 National Curriculum with the aim that all pupils should be able to swim 25m by the end of Year 6.



## **Progression**

The use of the 'Real P.E' scheme ensures that the six areas of; Personal, Social, Cognitive, Creative, Applying physical skills and Health and Fitness are repeated and taught progressively within each year group.

## **Foundation Stage**

Children in the Foundation Stage are taught key skills in Physical Development linked to the Early Learning Goals as an integral part of their work, both indoors and outdoors.

In addition to this they have two weekly sessions; one being Real P.E which covers the six focus areas of; Personal, Social, Cognitive, Creative, Applying physical skills and Health and Fitness and the other focusing on the progress of skills outlined in the P.E Long Term planning.

## **Inclusion**

Everything reasonable will be done to ensure that children with disabilities and SEN have as full an access to the P.E curriculum as possible.

Additional sports funding is available via the sports funding premium to make additional and sustainable improvements to the quality of P.E at William Gilpin. The spending of this is planned annually and is monitored by the Governing body. This funding is used in a number of different ways and includes;

- *providing targeted activities or support to involve and encourage the least active children*
- *encouraging active play during break times and lunchtimes*
- *establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered*
- *adopting an active mile initiative*
- *raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim*
- *encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)*
- *embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching*
- *providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school*
- *hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities*
- *introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities*
- *partnering with other schools to run sport activities and clubs*
- *providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations*
- *increasing pupils' participation in the [School Games](#)*
- *organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.*



## **Health and Safety**

Children are required to wear suitable clothing for PE and to remove watches and jewellery before each lesson.

Risk assessments are undertaken for external sporting events.

The school benefits from the use of Hampshire's EVOLVE service which provides effective approval structures via the system for educational visits and outdoor activities.

- *Ensuring the safety and security of your children and young people through recognised and effective safety management systems, for outdoor education, PE and sport, and DofE*
- *Ensuring good management, high-quality learning and personal development*
- *Offering access to recognised, effective and high-quality training and support*
- *Confidence and peace of mind whilst school staff are leading off site and educational visits (EVOLVE)*

## **Impact**

In order to monitor the quality of teaching in PE, learning walks and pupil interviews will be used.

Class Teachers monitor the progress of their own children and feed back to parents using the reporting statements outlined on the P.E Curriculum map. Sports coaches fill in termly assessment records which are shared with class teachers.

**The policy will be reviewed in the Autumn Term 2024**

**Signed:**

**Chair of Governors**

**Date: December 2019**

